

# TOUR D'THORNES



## FREE CHILDREN'S CYCLING EVENTS

Thornes Park Stadium 17 August 2016

**Beginner rides** - under 8's must be accompanied by an adult. Over 8's can ride unaccompanied with signed parental consent.

**Intermediate rides** will leave the park and follow traffic free routes or quiet 'b' roads.

Parent / guardian to accompany all children on intermediate rides.

All bikes will be checked prior to the session following verbal instructions from the cycle leader.

Children must bring their own bikes. Bikes can be provided for parents who need to accompany their children.

**10:00 - 10:45 Beginner Ride**

**11:00 - 12:15 Intermediate/Advanced ride**

**13:00 - 13:45 Beginner Ride**

**14:00 - 15:15 Intermediate/Advanced ride**

**15:30 - 16:15 Beginner Ride**